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21 OCTOBER 2022 **NEWS FROM STOWE**







CHANGE MAKER DA

Monday 10 October was the first Change Maker Day of the academic year and saw all pupils from across all three schools in The Stowe Group out of lessons to devote the day to a range of exciting opportunities designed to get them asking questions and developing skills in new ways beyond the normal curriculum.

Academic faculties and departments at Stowe were asked to design activities that would involve the pupils developing one or more of the six Change Maker Core Skills: Active Learning; Communication & Technology; Emotional Intelligence; Analytical Thinking; Creativity & Innovation and Leadership & Social Literacy. These activities were offered as a menu for the Fifth and Sixth Form pupils, who were then assigned to one of their top three choices.

The range and ambition of the activities was impressive and exciting, with groups engaged in: creating marketing campaigns with the Film and Business Departments; exploring how to build your personal brand with the Futures Department; producing a magazine around international culture and languages with the MFL Faculty; researching and creating an new visitor experience for visitors around the Temple of British Worthies in the Gardens with the History of Art Department; spending the day working with the archival resources on the relationship between Churchill and Roosevelt during the Second World War with the History teachers; developing practical mathematical skills for life with the Maths Department; gaining an external qualification as a Reading Leader to help develop literacy in younger children; holding a Philosothon, exploring the challenges faced by a new Prime Minister on day one; creating films with the Arts Faculty and also with the Psychology Department; designing and manufacturing miniature hovercrafts with the DT Department for a competition; working to write original pop songs with the Music Department; working with our Sports Department to develop individual coaching skills; learning to build

and programme robots in Physics; undertaking the preparation for the launch of a high-altitude balloon; learning techniques to build academic efficiency; going on trips to Bletchley Park with the Computing Department; or to visit the Virology Department of Reading University with Biology; or going to the Silverstone Porsche Human Performance Centre with Sports Science; or going out with the Geography Department to plant trees and engage in conservation work in the local community.

The option was also there for Stoics to volunteer to help our Science Faculty run a day of activities and challenges for mixed groups of Year 6 pupils from Swanbourne House and Winchester House, or to help the Languages Faculty with the day they organised for Year 7, or for the Poetry Day for the Year 8. The younger Prep School pupils also combined forces, with Year 5 at Swanbourne House doing a play in a day, Year 4 at Winchester House looking at the environment, Year 3 out of school looking at different faiths and diversity, and Years 1 and 2 at Swanbourne looking at explorers and Nursery and Reception at Winchester House for an exploration day.

At the same time, all the Fourth Form and many of the older pupils at Stowe were engaged with field weekends with either CCF, the Duke of Edinburgh's Award scheme or the Arts Award. The Third Form also had an exciting programme with a carousel of talks from inspirational and engaging visiting speakers Sean Rose (Paralympian skier), Helen Reeves (Olympian canoeist) and Richard Harpham (Adventurer), interspersed with outdoor activities and challenges to build emotional intelligence, social literacy and problem-solving skills.

The energy and buzz around all three sites was positive and palpable and one Stoic was overheard saying to a friend that this was the best day ever!

Dr Julie Potter, Deputy Head Academic



CHANGE MAKER DAY

Change Makers in Design and Technology



Change Maker Day proved to be an overwhelming success in the Design Department.

In the task titled "Design, Create and Innovate - The Hovercraft Challenge", pupils from Fifth, Lower Sixth, and Upper Sixth Forms engaged in a series of active learning tasks, designing miniature hovercrafts.

Manufacturing them gave opportunities to develop their hand skills, laser cutting, 3D printing, and further CAD/CAM processes. Stoics worked in pairs and teams of three, developing their designs through collaboration, peer feedback, and various iterations based on their initial ideas, all the while documenting their findings with the assistance of social media and posts on Instagram that highlighted their findings through the hashtag #changemakers.

The day culminated in a competition to crown an overall winning team, with Evie Brooks (Upper Sixth, Stanhope), Deborah James (Upper Sixth, Nugent), and Sofiia Shandar (Lower Sixth, West) taking the title.

Well done to the winners and all the pupils who took part, as well as Mr Williams and our Technician, Victoria Cox, who worked incredibly hard to make the day a reality.

You can watch the highlights video here.

Martin Quinn, Head of Design



Year 6 Science Event on Change Maker Day

Change Maker Skills:

Sixth Form Stoics - Leadership & Social Literacy Year 6 - Analytic Thinking, Creativity & Innovation, Social Literacy.

On Change Maker Day we had a Year 6 Group Science Day. 71 pupils from Winchester House and Swanbourne House came for the day and were put in to 12 mixed school groups with a Sixth Form Stoic scientists mentoring each group for the day, as they rotated around sessions in Biology, Chemistry and Physics.

The overall theme for the day was 'Space' and there was a competitive element with certificates and prizes for the highest scoring groups in each of the Sciences, plus an award for the best overall score. The Stoic mentors scored the groups by evaluating their skills in teamwork, practical work, analytical skills ('Thinking like a scientist'), innovation and their results.

In Biology the pupils looked at the dangers posed by being in space, especially harmful UV radiation. They then devised and tested ways in which astronauts could be protected from this radiation. During the Chemistry activities pupils conducted their own experiments to work out how to make the best battery and also did soil analysis to identify the elements present and so work out which samples could have come from which planets. The Physics Department looked at gravity and the problem it causes when trying to land safely on planets. The pupils then tested the parachutes and landing craft that they had devised.

The pupils from both schools integrated with ease and worked very well together - a great credit to Swanbourne House and Winchester House, and to the pupils themselves. The Sixth Form Science Ambassadors were amazing, showing great skills in leadership and mentoring.

There was a wonderful Stowe Group feel to the event as it enabled teachers from all schools to mix and work together, just as the pupils did. Planning involved Staff from the three schools as we had a number of meetings beforehand to work together on the details. Stowe Science Staff were great at devising and delivering the activities to which Year 6 responded very well. WHS and SHS Staff were also a great help on the day which went well.

Stowe's Worsley Science Centre was the ideal venue and was buzzing all day with energy and enthusiasm. As always, our Science Technicians worked hard behind the scenes to facilitate the activities which enabled us to make full use of our wonderful Science facilities. A great day was had by all with Change Maker skills embedded throughout.

James Tearle, Head of Science

Reading Leaders

On Change Maker Day, 13 pupils from the Fifth Form to Upper Sixth, took part in a training session with the Library, the Skills Department and Coram Beanstalk Charity, to create a team of Reading Leaders.

Reading Leaders are pupils that are trained to help other pupils discover the joy and the benefits of reading, and trying something new.

The training took all day, but having been trained, the Reading Leaders can gain volunteering credits towards their DofE and The Award, and they can gain further skills to use on a gap year or to work in the Prep Schools in the future.

Pupils from the Lower School have been scheduled to meet with their Reading Leader once a week either in the Skills Department or in the Library, to work together one to one.

Lyn Foden, Librarian



CHANGE MAKER DAY

Third Form Change Maker Day

Over the course of the day, the Third Form worked with Canoe Trail (an outdoors activity company) on developing their Emotional Intelligence and Analytical Thinking through presentations from visiting speakers and a range of Outdoor Team Building activities.

In the classroom, before considering setting their own personal goals for the year, Stoics enjoyed presentations from three inspirational speakers, who offered their insight into the challenges they faced over their personal journeys and how Stoics can take quidance from their experience:

Helen Reeves: A slalom canoeist and TV presenter, who won Bronze at the 2004 Olympics.

Sean Rose: A former RAF Officer, who broke his back in a skiing accident and has gone on to make his name as a Winter Paralympian.

Rich Harpham: A self-confessed 'serial entrepreneur' and adventurer who, amongst other challenges has paddled 1,000 miles up the western seaboard to Alaska.

In the outdoors, Stoics worked in their Tutor Groups on a range of teambuilding exercises, from Axe-throwing to Crate-racing. It was great to see Stoics pitting their teams against each other and overcoming the challenges set, well away from the distractions of personal devices!

Gwilym Jones, Co-curricular Co-ordinator







Silver Award at the UK Social Mobility Awards 2022

Stowe and Change 100 are thrilled to have received the Silver Award at the UK Social Mobility Awards.

The UK Social Mobility Awards were set up to recognise organisations that are prioritising social mobility, for example, through recruitment processes and progression programmes, outreach within the local community, or by developing innovative ways to create change.

The Award recognises Change 100's ambition and implementation of the bursary programme. This September, just the second year of Change 100, saw a further ten children receiving fully funded bursaries across The Stowe Group.

A key area that led to this recognition was the innovative creation of the Change 100 Ambassadors - the Stowe pupils who lead and support Change 100 amongst the pupil cohort. This was demonstrated on Saturday 15 October, when a group of Ambassadors travelled to one of our Partners, The Eastside Young Leaders Academy, to build a closer relationship and talk about life at Stowe.

Arron Quainton, Development Manager





Expecto Movie Magic!

As part of their Sixth Form study, Film and Media pupils visited The Making of Harry Potter Experience at Warner Bros. Studios near London on Wednesday 5 October.

Prior to exploring the original sets, costumes, props and technical aspects of film production (like architectural designs and mask making) all pupils attended a lesson directly related to the area of their study.

While Film Studies pupils attended a Camera work session, Media pupils participated in a Film Business workshop. It was exciting for them to see how the elements of A Level study underpin practical filmmaking, whether the conscious cinematography choices that directors make, story boarding, or set modelling. The size of Hagrid's trousers certainly raised a smile and the use of lipstick cameras on set design models in preparation for filming is no longer an insider secret. On the other hand, using a vertically integrated company to discuss

branding, business proposals and target audiences allowed BTEC pupils to draw parallels between their projects and the operation of the megabrand. I expect that Film and Media coursework will be replete with canted angles and visual nods to establishing corporate identity.

After dispelling some of the film tricks, Stoics were certainly ready for the journey through Harry Potter's world. Wigs, costumes, props, set designs, green screen, audiovisual experiences, butterbeer, designs-to models displays, wands... and many more details often barely discernible on screen were not only charming, they served as a real reminder that movie magic relies on much more than a star and a little post-production wizardry.

Disclaimer: Some chocolate frogs may have been thoroughly enjoyed as part of the experience.

Vlasta Pickering Polláková, Teacher of English, Film Studies and IELTS



A Level Performance Recital



Our first evening concert of the academic year on Wednesday 28 September, in the Ugland Auditorium, showcased the exceptional talent of our Sixth Form A Level Music pupils, Music Scholars and Exhibitioners, who performed pieces across the popular music, classical and musical theatre genres.

The A Level pupils, Ruby Cooke (Upper Sixth, Lyttelton) and Matthew Ryland (Upper Sixth, Bruce) performed their mock recital programmes to our visiting adjudicator, Erica Grajner de Sá, ARSM, who provided them with insightful and informative feedback and awarded each an A* grade. We wish them the very best for their final recital in March 2023.

The large and appreciative audience were treated to performances from Alicia Wilson (Lower Sixth, Lyttelton) and Connie Goodrich (Lower Sixth, Nugent) who were accompanied by Mr Ben Andrew and Mr Ben Weston.

Jemima Pearson-Gee (Lower Sixth, Nugent) gave a sensitive performance of 'Somewhere Over the Rainbow' for her Grade 8 examination recording, and was then followed by Tamia Sibanda (Upper Sixth, West), Owen Gunn (Lower Sixth, Chandos) and concluded by Skyla Wakeman (Upper Sixth, Lyttelton).

Emma Bryden, Acting Director of Music

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RN, Army, RAF Section Field Days and Activities

Stowe CCF's 200 or so Cadets were actively, gainfully and enjoyably engaged over Sunday 9 and Monday 10 October, many enjoying their very first taste of RN, Army or RAF field activities and trips.

In terms of Change Maker skills, they have had a sea of active learning - from new Army section Cadets learning how to build effective, waterproof, temporary shelters in the woods, and the more experienced Army Cadets learning how to 'clear' woods of enemy (TIWAF - Training in Woods and Forests); to RN Cadets learning the necessary skills to trim dinghy sails and stay balanced on stand up paddle boards and windsurfers; to RAF Cadets learning how to glide and act as support crew on the ground, to learning about the role and history of the RAF.

A good deal of creativity and innovation, analytical thinking and leadership was shown in many areas, as you will see from some individual write ups of the experiences of Cadets.

Lt Colonel de Gale, Contingent Commander



CHANGE MAKER DAY

Tiny Forest Tree Monitoring and Tree Planting Day

32 Stoics donned their wellies to get outside and help improve our natural environment on Change Maker Day.

In the morning, they took part in Earthwatch's Tiny Forest project in Witney, near Oxford. This was the first UK Tiny Forest created by the environmental charity Earthwatch, with over 600 trees and 12 different species. The concept is based on Japanese botanist, Dr Akira Miyawaki's tree planting methodology, which aims to leave behind a thriving legacy of thousands of mini forests worldwide, which will benefit the environment and local communities for years to come.

Stoics measured over 100 trees to calculate their carbon storage, and also conducted ground dweller surveys to assess the different insects in the forest.

In the afternoon, Stoics planted trees on the new golf course back at Stowe. The whole day was a rewarding experience, and it was great to get outside to plant trees, which in the long term will help us to tackle climate change.

Shelley Rowley, Geography Department















Languages

Year 7 from both Winchester House and Swanbourne House Schools were invited to come and join us on Change Makers Day to immerse themselves in various different language activities to "Escape the Tower of Babel", which was the chosen theme of the day.

Ranging from learning the basics of Mandarin, to being challenged to decipher Hungarian (and let's not forget participating in Spanish dancing and singing) we all enjoyed greatly the series of activities that unfolded.

We finished the day off with a walk around the Stowe Gardens, learning the hidden histories of the different grand temples.

Overall, we experienced the excitement and versatility that comes with learning and appreciating our languages!

Sofia Tangsrud (Upper Sixth, Stanhope)



The first half of term has gone well. The weather has been kind and the 11-Acre Lake is an ideal facility for new rowers. We've had some brilliant afternoons.

39 Stoics have been involved in rowing, with five sessions each week on the water, supported by our four coaches.

On Sunday 9 October, we took the four Stoics who are showing the most commitment to their rowing, to the competition at Bedford - Leia West (Upper Sixth, West), Lily Jackson (Upper Sixth, Cheshire), Agnes Edwards (Third Form, Stanhope) and Amelia Hine (Upper Sixth, West). Despite an unpromising forecast, we had bright sunshine all day, and a super atmosphere, with lots of schools and clubs involved and hundreds of crews.

The Great Ouse course in Bedford is 'interesting'. Crews negotiate two narrow railway bridges and two road bridges. Racing takes place in seven divisions, running all day long.

Leia and Lily went first for Stowe in Junior-18 Doubles. They negotiated the first three bridges successfully, but as they approached the Town Bridge, they were forced to stop - another crew had crashed into the bridge, blocking the course. This cost them time, but they rowed well and enjoyed the experience.

Leia and Amelia raced in Junior-18
Singles. A single is the most challenging boat, and neither had raced a single before. Their aim was to become confident in this boat class and both completed the course successfully.
Amelia finished equal with one girl from Bedford Girls School; and beat three girls, from Star Boat Club New Zealand, Bedford Girls School and Bedford Rowing Club.

The team were taken by Mrs Abbott, Mrs West and myself, and supported by the Jackson, Hine and West families.

They are now training in eights, and after half-term they have a competition at Cambridge, on Saturday 12 November, where we would like to see the boys and girls rowing in eights and quads, and are hoping they will be able to compete against some of the beginner university crews.

Our final event of term is at Waltonon-Thames, on Saturday 10 December. Due to the high standard of Junior competition at this major event, we will only be taking those who are prioritising their rowing.

In the New Year we will be back in eights and quads again, for the major events of the Spring.

Andrew Rudkin, Rowing Coach





Cyclocross

Benjamin Cousins (Third Form, Bruce) competed in his first ever Cyclocross race on Sunday 9 October, in Round 5 of the Central Cyclocross League.

Like Formula One, riders sprint out from a stationary grid position and then complete as many laps as possible over an off-road course for 30 minutes.

Despite the particularly demanding course at Whipsnade, Benjamin took on his opposition in the U14 category and achieved Third place and a position on the podium. Stowe's first ever cycling podium and surely not the last!

Chris Grimble, Stowe Cycling Club



CHANGE MAKER DAY

Arts Award Bronze Trip

The participants of the Fourth Form Arts Award Bronze activity went on a day trip to Stratford upon Avon. A backstage tour of the Royal Shakespeare Theatre and a visit to the Mechanical Art & Design Museum will help to inform part B of the pupils' art projects, exploring the Arts as audience members.

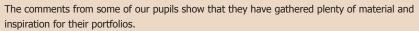
Our backstage tour guide gave us a fantastic insight into the Theatre's history as well as its outstanding architecture, incorporating many design features from long-gone parts of the building.

Particularly fascinating and eye-opening was the tour of the extensive theatre workshop, where many experts in their field work together to create amazing,

wonderous costumes and props for the stage. Fascinated by some detailed accounts of creative costume design, that play such a big part in bringing stories to life, we peered through countless workshop windows revealing the hidden world of costume design.

Our second destination was the MAD Museum, The Mechanical Art and Design Museum, where we all had great fun exploring fascinating mechanical design models. Many contributors have created weird and wonderful scenes with plenty of mechanical life and wonderous stories to tell.

Laura Parker & Sandra Wheeler,
Arts Award



Seren Powell (Cheshire)

"I thought that the trip was very educational. I was inspired by the costume area of the theatre because it was really cool to see how the costumes are made, and that so much detail goes into them that doesn't get appreciated, as much as it should. I think this will help with my Art Award journey if I am going to make any clothes or do any make-up designs."

Imogen Embley (Queen's)

"I really enjoyed exploring the art of costume making and how you can replicate materials at the expense of a budget. I think the idea of replicating materials is a versatile part of art and I can use it in part of my Arts Award project."

Nikodemus Schulte-Noelle (Walpole)

"I learned a few new things, saw great art works and learned new stories about William Shakespeare... I learned some fun facts in the Royal Shakespeare Theatre and could experiment with things in the MAD museum."















ARMY SECTION CHESHIRE (JUNIOR) COMPANY Sunday 9 October:

The first day of the CCF expedition was very daunting to me, I had never camped before or shot a gun, but as I got into my uniform and walked up with my friends to our campsite it felt like I belonged. The sun was shining on us, like it was a sign of hope.

First, was setting up our bashers ready for the night. My friend and I found two perfect trees on equal ground, and one of the NCOs taught us how to do it. We then learnt how to properly crawl and march.

After dinner time the fun part finally came. The Head Cadet of CCF, Rafe Gordon (Upper Sixth, Winton) gave us a talk about the activity we would do later that night. The basis of the mission was a Stowe competitor school being jealous about us winning the Tatler Best School of the Year Award and deciding to sabotage us. In retaliation, Stowe CCF would send out each section on a recon mission around the School grounds to intercept the information, without being seen.

This was honestly one of the most fun nights of my life. Enemies were patrolling the paths, so our best option was for us to go through the trees and bushes. This was where our crawling practice heavily pulled us through. We could hear blank rounds being fired in the distance echoing around the trees, only heightening our excitement, as it made the mission even more realistic.

Intercepting the first two pieces of information, we only had one more to gather. Unfortunately, as we were running to the final part, an "enemy" turned a corner and saw us. In the flash of an eye, we all jumped into the bush and crawled away. My section was separated in the dead of night, and without a leader we didn't know what to do. Most of us decided to meet back at the start and hoped that the first two pieces of information were enough, but as we got back to our meeting point, we realised one of us was missing. Nervously waiting for the return of our last man (with every other group already back), we suddenly see a figure appear in the distance running towards us, incredibly out of breath. As he gained back his energy, the story of how he carried on the mission and got us the last piece of information alone, came to light.

We were all proud of what we accomplished that night, and it will be a story that we will tell for years. After all this drama and covert mission, we were all excited to make a hot chocolate, get into our sleeping bags and have a good night's sleep in our bashers.

Romulus Flanagan (Fourth Form, Cobham)

CHESHIRE (JUNIOR) COMPANY Monday 10 October:

We were woken up by the Staff members in charge of our platoon but surprisingly, despite how early it was, I managed to get out of my little tent quite quickly - I think this was due to the absence of a bed and how I had to sleep with two people on either side of me in a rather small basher!

First thing in the morning our task was to disassemble our shelters after having cooked breakfast and discussed how my sleeping mate had managed to do a 180 degree turn in his sleep. We set up the little stove fire with a special fire-burner and put our rations pack pouch in to warm our meal.

Everything was cleared away from our camp site in the little woods, and we were all ready to go back to EXCON (Exercise Control). We went away in groups within our platoons to perform different activities, the whole time in our CCF uniform as required, and marched around various fields, past hedges and enclosed areas under the direction of NCOs. I really liked stalking, which was an activity where we had to crawl on the floor in a tiny woodland space without being noticed by so-called spotters loitering about the area.

The laser-tag was really fun, and the fun put aside there was also the camouflage in military ghillie suits which was very effective, although I did like observing the unnatural patterns in nature, learning how to use a DP rifle and shooting at targets.

All in all, I really enjoyed the weekend. There was a strong bond formed with all the people I was with in my Section and Platoon, as we were united and were able to perform such life-skills activities relevant to both our future and how to survive with limited provisions. I look forward for future CCF expeditions.

Cadet Paul Ostroverhy (Fourth Form, Chandos)



ANDERSON (Senior) COMPANY

Exciting, fun and organised. The CCF trip we attended was one of the best CCF activities we have had.

The first day was very informative and I learnt so much. An Ex-Army Officer taught us how to plan a clearance of the woods. I got the chance to be Platoon Commander and Platoon Sergeant on the first and second day, with the opportunity to lead the wood clearance.

The second day was more independent, we had guidance, but it was more our responsibility for how the sweep went. We had Upper Sixth Form NCOs fighting against us. Our first attempt at clearing the woods was successful but a bit disorganised. Our second attempt was much better. After a debrief and a few key adjustments it was not too difficult to defeat the NCOs.

After that exciting activity we had an Escape and Evasion exercise. We had to move around to different checkpoints and take photos of the signs on the trees, but there was a catch; the Upper Sixth Form NCOs were chasing us around. We were in pairs, I was with George Turner (Fifth Form, Cobham). As we were trying to escape the NCOs, George suddenly dropped into sinking mud. We tried to laugh it off, but he was genuinely stuck. Luckily, I eventually found a way to help him out, but the bottom half of his uniform was absolutely disgusting, being covered in mud. Overall, I learnt a lot and had lots of fun.

Talal Zahid (Fifth Form, Cobham)

Equestrian

Horse of the Year Show

Isabelle Harris (Fourth Form, Nugent) competed at the Horse of the Year Show at the NEC on Saturday 8 October, in the 'Equine Rescue Services 138cm Show Jumping Championship'.

Isabelle had to jump against the clock over 1m 25cm fences, against the top 25 riders in the country. Finishing Seventh overall was an incredible achievement by Isabelle, considering hundreds try to qualify for this prestigious final.

Lucinda Stockley, Equestrian Centre





HOCKEY

U14 Girls progress to Tier 1 Regionals

The U14 girls played four matches in the five-team County Cup Finals tournament at Stowe on Thursday 13 October. Knowing that there were only two qualification places for the Tier 1 regional competition, it was very important the girls got off to a quick start.

First up were Piper's Corner, and after a dominant first period, Stowe scored on the stroke of half time to ease the half time nerves. Excellent goalkeeping from Mae White (Third Form, Stanhope) helped Stowe to a clean sheet and a first win of the day.

The second game was frustrating as Stowe dominated from start to finish, against Great Marlow, but couldn't find the net in a 0-0 draw. The girls bounced back with a 2-0 win against Akeley Wood in their next match. The final match of the tournament was against Sir William Borlase's Grammar School who had won all three of their matches. Stowe were slow out of the blocks and found themselves 2-0 down at half time, but a much improved second half saw honours even for the last 15 minutes and there was no more score on either side.

Stowe's seven points from four games was enough to see them through to the Tier 1 competition later in the term and means the U14 record of qualifying through every year since 2016 stays in place. Congratulations to coaches Mrs Sutton and Mrs Jones and good luck to the girls on Tuesday 22 November!

Ben Scott, Head of Hockey

U15 Girls Hockey, the season so far...

The U15As team have had a thrilling start to the season. The girls have battled hard in each match, and in return have come away with some great results. A narrow 3-2 loss to Stamford started the season on Saturday 10 September, but the girls bounced back and managed a 3-0 win over local rivals Bloxham on Saturday 24 September. The team drew 1-1 with strong opponents Rugby on Saturday 8 October.

The girls have improved significantly this season and have gelled well as a team throughout this half term. They have incredibly positive attitudes and are eager to improve from week to week, which has not only come across in training, but has showed in every match they have played.

U15Bs

The start of the season has been tough for the U15B team, but they are as determined as ever to improve on their set of skills. A highlight of the season so far must be the 6-0 win over Bloxham, with the team having an outstanding performance and working together fantastically on the pitch. This win is testament to the girls hard work and effort, which has been reflected in other close matches such as against Oundle, who are some of Stowe's toughest opponents.

They continue to improve each week and will continue to build on this after Half Term.

U15Cs

The U15C team kicked the season off with a 4-2 win over Stamford. Each week they have fought hard and have had some unfortunate tight losses but have continued to bounce back with a positive attitude each week.

Most recently, they beat Bromsgrove 2-0 on Saturday 24 September in an action-packed match on away astro. This is a wonderful end to the first half of term and we are excited to see how the girls will build on this result after the break.

Miss Lloyd, Girls' U15 Hockey Coach



Sunday is normally a day of rest; however, this is not always the case. The Bronze Duke of Edinburgh's (DofE) Award Team of 2022 trekked down to the Temple of Concord and Victory early on the morning of Sunday 9 October, for the adventure to come, and it was just that, an adventure

We set off about 9am, all of us thinking that if we maybe walked faster than our feet could carry us, we could cut our estimated time by two hours. This, however, was a naïve thought as we weren't the professional map readers that we thought we were. It took my group a grand total of almost seven hours to find ourselves back to the temple, by which point, it felt as if my feet didn't even belong to my body anymore.

There are a lot of anecdotes I find myself saying about the DofE walk, that I never really thought were experiences which would happen to me, including coming across a field full of inquisitive cows, and realising that electric fences really are electric! I can't emphasise enough however, the substantial amount of team effort that was present throughout. From always making sure that everyone was okay, and stopping when one fell behind, to knowing that by the end, all our navigation skills had improved significantly once we realised a black line represented a field boundary!

What was to be an 18k walk became 22k, but the experience, though long, developed our teamwork.

The next day saw us hopping on a coach and setting off to Youlbury Scout Camp in Oxford, where we spent the day connected to harnesses, elevated in the air. Though each group's experience was different, abseiling, crate stacking and ziplining were the highlights of our day. Abseiling came with a fear of heights, but by the time ziplining came around, people were happily flipping off the side of the tower. All in all, it emphasised the Change Maker activities, as we spent a good day in the air, with only teamwork and the hopes that your friend didn't drop you, by your side.

Although we faced some struggles in our journey, the substantial amount of team effort is what got us through in the end, and only highlighted to us that you need to work together to make it through.

Fourth Form Bronze Participant











Gap Year Presentation Evening

Will Eastwood (Upper Sixth, Winton) and Josha Mital (Upper Sixth, Winton), last year's winners of the Myles Henry Award, presented their two-week Summer volunteering experience in Freetown, Sierra Leone to a cohort of pupils and parents.

The Myles Henry award is a travel scholarship (worth £2,100) for two Lower Sixth Form pupils to travel and volunteer for an NGO (Non-governmental organisations) for two weeks anywhere in the world. The fund was created after Myles Henry (Chatham 39) who died in battle in 1944. His mother wanted future Stoics to aspire to his attributes of initiative, idealism and courage.

During their time in Freetown, Josha and Will taught various topics e.g. democracy and Maths in Tower Hill Primary School, but they were also able to travel to the surrounding areas to visit Banana Island and Tacugama, a chimpanzee sanctuary with stunning wildlife. They also visited various Museums learning more about ancient African religions and the British Empire.

During the evening pupils also received information about the Gap Award which is a travel scholarship (worth £1,000-£2,500) for the Upper Sixth Form for pupils to travel and volunteer for an NGO for two months after their have completed their A Level exams.

For more information please click here.

If you would like to apply to the Myles Henry or Gap Award, please contact the gap year coordinator Mrs Guntner-Jones.





Old Stoic Drinks in Newcastle

On Thursday 6 October, we hosted our first OS Recent Leavers' Drinks in Newcastle. It was nothing short of a delight to see so many Old Stoics gathering together, especially those who have just started at Newcastle University, getting to know Old Stoics in the years above.

With approximately 70 Old Stoics studying and living within easy reach of Newcastle, we were thrilled that we had more than 40 Old Stoics attend, and we certainly hope to hold drinks there again next year.

The evening was to highlight how the Old Stoic Society supports recent School Leavers with: careers advice; grants via the OSBT; online networking powered by Stowe Connect; mental health support; London Club membership, and gives details of all the exciting events we have planned for the Centenary. The main aim was for us to introduce ourselves, in an informal setting and the evening to be enjoyed by all.

The Old Stoics were so grateful for the free bar and lovely food, the atmosphere was electric and we can't wait for next time. A video of the night can be found **here** on our Old Stoics' Instagram account.

Our next drinks are in Edinburgh on Friday 25 November at The Wally Dug. Please email the **Old Stoic Office** or call 01280 818349 to reserve your place.



AMNESTY INTERNATIONAL

As you may imagine the Amnesty International Group have a very wide range of causes they can support. These are usually quite topical and can change as new situations arise around the world.

They are at the moment very busy raising awareness of the current situation in Iran and over the next few weeks, they will be writing to our local MP and organising a School-wide petition.

The group also has an interest in Bodily Autonomy which is currently a hot topic around the world, and they have produced an interesting and insightful newsletter that explores the theme.



RUGBY

The 1st XV have continued their fine start to the season with a convincing 52-8 victory over local rivals Bloxham in the First Round of the National Cup Competition on Saturday 24 September.

This was followed by a tremendous 38-19 victory over Rugby School on Saturday 8 October.

On Tuesday 11 October, the Stoics were in fine form again, producing some outstanding counterattack tries to ease past Kings Worcester in Round 2 of the Cup.

Henry Pollock (Upper Sixth, Grafton) scored two tries and had an outstanding game in his second appearance for Northampton Saints in the Premiership Cup earlier this month.

Grant Seely, Director of Rugby



NETBALL

On Saturday 15 October Stowe Seniors, U16A and U14A teams headed to Milton Keynes for the Annual County Round Netball.

On arrival, despite the cold morning and blustery winds, the girls were very keen to get playing. The Seniors were the first to start in the tournament. They played sound netball throughout the competition, beating both their competitors and securing their place in the Regional Netball Tournament in January.

Second up were the U16A team: with a total of four matches to play, the top two teams would advance to the Regional Tournament. Stowe played well and were able to defeat their first opposition with ease. The second match was much closer. Nevertheless, Stowe played their game well and won the match 8-5.

With not long to prepare for their third match, Captain Maddie Baker (Fifth Form, Queen's) gave a motivating team talk and Stowe played some strong netball, leading them to victory once again. In the fourth and final match, unfortunately the onset of fatigue led to some frustration. Stowe tried to remain focused on the task in hand, however, they lost the match 4-9. Nonetheless, based on the number of goals scored, the U16A team secured their position in the Regional Netball Tournament.

The U14 girls had a wonderful day, they also played four matches, and came out with three wins and one tight loss to Aylesbury High. The girls battled hard against Webber School and came out with an outstanding victory after being down at half time. Three of the five schools competing had the same results, so it went to goal difference. Since Stowe and Aylesbury High came out with the same number of goals scored, it went to goal average, where Stowe just missed out on first place. Despite this, the team has qualified for the regional round of the competition, which was well deserved due to their superb performance at the tournament.

Jessica Bell, Head of Netball

HOCKEY

Senior Girls' Hockey

The 1st XI girls have the most competitive fixture card ever this season with the Midlands' League matches now being accompanied by the midweek England Hockey Tier 1 Cup Competition.

So far, the girls have played three league matches, against Stamford, Oundle and a memorable Friday night game against Rugby. 2-0, 6-2 and 3-1 wins respectively, alongside a 6-0 against Bloxham sees the girls unbeaten in the league.

The Cup competition has provided the girls with additional challenges as they are now competing at the top table of school hockey. The Tier 1 Cup is a regionalised league round robin with every match against other Tier 1 sides, rather than a traditional cup competition where you may receive a 'kinder' draw

After an away defeat to Millfield on Wednesday 21 September, the girls had a far closer game against Dean Close on Thursday 29 September. The girls played Clifton College on Tuesday 4 October. The game was goalless at half time, but they then went down 3-1 in a very close affair. Tuesday 11 October saw the girls get their first win at Tier 1 level at home to a competitive Marlborough team. A classy first half performance saw the girls go into half time 3-0. Marlborough did manage to pull two goals back in the second half, but Stowe saw out the win very professionally to set them up for two more games before Half Term.

The 2nd XI girls are enjoying an excellent season. The girls are three wins from three in the Midlands' league (Stamford, Oundle and Rugby) as well and winning away to Bloxham. The win against Rugby is the first win for Stowe at 2nd XI since 2014. The two losses the 2nd XI has experienced have both come in the Tier 2 National Cup where they have been entered against top 1st XI teams. A 4-0 defeat by Wellingborough on Tuesday 27 September in the first round meant they then played Bloxham 1st XI in the Plate. In a very even contest, Stowe lost 2-1 but rued several chances to win the game. These results against their Midlands counterparts and 1st XI sides shows the strength of the Senior section at the moment.

The 3rd XI enjoyed a memorable 10-4 win against Stamford on Saturday 10 September, the opening weekend of the season. After a defeat by Oundle on Saturday 17 September, the girls faced off against Wellingborough 2nd XI. Although the girls lost this match, it was great to see them playing a 'team up' and challenging themselves at this highest level. A very exciting game against Rugby on Saturday 8 October followed in which Rugby came out 5-2 winners.

Ben Scott, Head of Hockey



Fourth Form Achievements

The Award encourages and celebrates engagement and participation in eight key areas of School life - Citizenship, Academic Achievement, Sport and Physical Activity, The Arts, Thinking Differently (all those skill-development activities that don't fit neatly under a heading!), In the Community, Qualifications Achieved and Beyond Term-Time (achievements during the holidays). There are three levels – Bronze, Silver and Gold and these are awarded at the end of the Third Form, Fifth Form and Upper Sixth respectively.

This term we finalised the scores for the achievements of the current Fourth Form over the course of the past academic year and presentations were made in Assembly. Over 80 Fourth Formers achieved the 100 points required to achieve the Bronze Level of The Award, with notable achievements in Sport, Volunteering initiatives such as the Climate Action Group, engagement in Robotics teams and particular mentions go to the following who were the top twenty highest scorers in the year group:

William Heaven (Chatham), Hayden Smith (Winton), Coco Bartoszewski (Nugent), Grace Nasmyth (Queen's), Gaia Mesonero-Perez (Lyttelton), Flora Peppiatt (Queen's), Oliver Dickmann-Peña (Winton), Leo Clare (Winton), Thomas Hampson (Winton), Hannah Campbell (Nugent), Archie MacGowan (Cobham), Niamh Gilmore (Cheshire), Anton Poon (Winton), Tomisin Ibitoye (Chandos), Lani Shah (Cheshire), Jamie Wilson (Cobham), Andrii Mamakin (Temple), Luca Wilson (Cobham) and Pierre Fraser-Allen (Chandos).

On Tuesday 11 October we celebrated the achievements of the top 15 highest scorers from each year group with a celebration event in the Sixth Form Centre. This was a great opportunity for Stoics to come together and have their achievements and experiences recognised over a buffet of 'Pizza and Wings', with some comedy and live music as entertainment.



Old Stoic Racing Stables Tour

On Sunday 16 October, a glorious morning was had by all at Alex Hales (Chandos 92) Racing Stables, bringing together over 60 Old Stoics, Stowe Parents and Friends of Stowe, all with a keen interest in horse racing.

Mr Henry Kimbell (Chandos 04) introduced two of the Stowe horses, Fagan and Ol'river Shine before everyone headed to the gallops in the stunning setting of Trafford Bridge Stables on the Edgcote Estate.

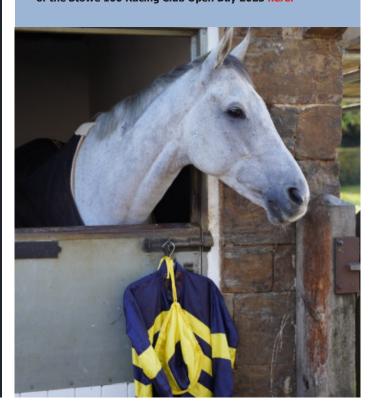
We were treated to delicious coffee and cakes by OS Mr Rupert Rowling (Cobham 05) from Forge Coffee.

The Stowe 100 Racing Club gives Old Stoics, Parents and Friends of Stowe the chance to have a share in three horses all trained by Old Stoic trainers: Edward Bethell (Cobham 12); Alex Hales (Chandos 92) and Jonathan Portman (Chatham 83).

There are 100 shares available which are selling fast! The Racing Club will start with a National Hunt (jumps) horse running from October 2022 to April 2023. This horse will be trained by Alex Hales, just outside Banbury, with our two flat horses picking up the mantle during the 2023 flat season. Each share is £995, which gives you an interest in all three horses up until 31 October 2023.

You will receive an enormous number of opportunities including owner's badges at the races, box hospitality at certain meetings, numerous visits to both trainer yards to watch the OS horses work on the gallops, a percentage share in all prize money generated by both horses, an invitation for you and a guest to the annual end of season lunch back at Stowe and invitations to specially organised events including preview evenings and visits to Stud Farms.

If you are interested in signing up, please contact **Henry Kimbell** (Chandos 04) or call 07979 522744. **Watch our video** of the Stowe 100 Racing Club Open Day 2023 here.





RAF Section Visit to Hendon

On Monday 10 October, the RAF section went to Hendon to explore the wide selection of aircrafts they have there and their history.

When we arrived, we went to the first hangar. This hangar included lots of the most popular and well known of basic aircraft like the Westland Sea King HAR3, which is a rescue aircraft even recognised by Royals like the Prince of Wales.

It also has a big back to the future section which contained the biggest aircraft they own there, which was the Short Sunderland MR5. They also have a wide range of interactive activities such as: walk through the planes, flight simulators and sensory areas.

Hangar Two contained aircraft that was used in the First World War. They had many personal artefacts including medals, letters and uniforms on display in this hanger. It was inspiring with the stories coming to life through their displays, ensuring that the bravery and their sacrifice will never be forgotten.

Hangars Three, Four and Five were all in the same area, and included, The Battle of Britain, Helicopters and Bombers. It was hugely overwhelming seeing all these different type of aircraft at once. They had great interactive features like simulators and a 4D cinema.

The last hangar was about the Age of Uncertainty from the 1980s to today. This was probably my favourite hangar as there was a lot of interactive features, like leaving comments on their timeline wall. There were many airborne craft which made it a very large hangar and very enjoyable to walk around

Overall, I really loved Hendon as it was interesting to get involved in the past, present and future aspects of the RAF.

Evie-Mae Meades (Fourth Form, Cheshire)

RAF Gliding at Edgehill

On Monday 10 October, eight of the RAF Cadets were able to go gliding, and learn a little more about helping out on an airfield.

We started the day off with some short flights and helping drive the golf carts to pick up gliders. This is an important part of the activity, as it's not just about the flying! We had to communicate and work as a team to stay safe. Angus Kennedy (Upper Sixth, Temple), who has already had about 80 flights in Scotland, showed off his knowledgeable skills to the instructor during a long 28 minute flight.

The afternoon saw the continuation of long airtime, high altitudes, and even some loop the loops for the Upper Sixth! One Cadet, William Woodmansee (Lower Sixth, Winton) even managed to soar to 3,200 feet and was up for 42 minutes!

Each member of the Edgehill Gliding Club staff was friendly and open to answering any questions that we had about gliding.

A big thank you to Mr Whitby for organising the trip and to all the staff at Edge Hill Gliding Club for making the occasion so enjoyable. We hope to be

Sgt Alice Scheffey (Upper Sixth, Queen's) and F/Sgt Max James (Upper Sixth, Cobham)





HOCKEY FRIDAY NIGHT LIGHTS

A very exciting build up during the week led to an electrifying event on Friday 7 October that attracted a record crowd for a hockey match at Stowe. Prematch music, external catering and a match under floodlights was the perfect recipe for a brilliant evening out for the hundreds of supporters that flocked to the Bourbon to see the Girls' 1st XI take on Rugby.

Last year, the Stowe 1st XI ran out 3-0 winners at Rugby, so we knew the opposition would want to get their own back at Stowe's home ground.

Stowe started very well with Lottie Moffat (Lower Sixth, Nugent) making two excellent ball carries. The second led to good work between Izzy Kaye (Lower Sixth, Cheshire) and Larissa Campbell (Upper Sixth, Nugent) who won a penalty corner for Stowe early on. A good save from the Rugby Goal Keeper meant the scores stayed 0-0.

Deborah James (Upper Sixth, Nugent) and Lizzie Knott (Upper Sixth, Cheshire) were excellent at full back and Rugby struggled to break the Stowe D in the first ten minutes, and this formed a great base from which Stowe could attack. Phoebe Haynes (Lower Sixth, Cheshire) enjoyed plenty of space to carry at right half and Emily Sutton (Upper Sixth, Queen's) provided a great link between defence and midfield.

The attackers brief was to cause havoc, and that is what they did all game with Captain Clara Capella (Upper Sixth, Stanhope) setting the standard and Kiara Grobler (Upper Sixth, West) and Jojo Parker (Fifth Form, Cheshire) both making the lives of the Rugby defence very difficult.

Ari Hay (Fifth Form, Cheshire) had a superb 15-minute spell in the middle of the half and after one of her carries to the base line, Stowe opened the scoring. The ball was recycled by Alessandra Jahina (Fifth Form, Nugent) before being switched out to the right-hand side. Capella and Campbell combined in the D and when Sutton found Moffat, she made no mistake in slapping the ball home to send the crowd into raptures.

The atmosphere was fantastic with constant noise and encouragement. Alessandra Jahina was crowd side for the entire half and never put a foot wrong. Grace Noble (Lower Sixth, Stanhope), playing both centre half and inside forward was composed and distributed the ball all around the pitch.

Stowe dropped off their pace a little and ten minutes before the end of the half, Rugby applied ten minutes of pressure which ultimately led to a goal that silenced the home support.

The score was 1-1 at half time and neither side could have any complaints.

The second half was fantastic, Stowe maintained their intensity and work rate, rotating regularly as they squeezed every ounce of energy out of themselves. Gwen Grovit's (Fifth Form, Nugent) pace at the back helped ensure an extra line of defence when Rugby countered but most of the play was in Rugby's half. Deborah James enjoyed some excellent runs upfield and Parker, Kaye, Moffat, Grobler and Capella continued to run themselves into the ground for the team. Stowe's constant pressure led to another penalty corner. After Sutton's cross was blocked, Campbell bunted the ball back in towards the penalty spot and a first time volley from James found the net and reestablished Stowe's advantage. The crowd went wild!

Stowe continued to apply pressure all over the pitch and won the ball many times at full back. Jahina and Haynes were both excellent crowd side and Sophie Lloyd (Lower Sixth, Nugent) won possession twice at left half which led to attacks from Campbell and Kaye.

Aside from a penalty corner which Izzy Blount (Fifth Form, Cheshire) saved well, Rugby didn't pose a threat during this period. Blount has now put in a series of excellent performances for the 1st XI. Lizzie Knott was excellent at the back, front marking and her close control prevented any sticky situations behind our back line.

With ten minutes to go, Ari Hay carried the ball from inside left and with excellent stick skills, lifted the ball over a stick and won a penalty corner. Stowe opted for a straight strike and it was Hay herself that crashed the ball home to put the game beyond doubt.

There was one nervous moment before the end when a goalmouth scramble nearly ended up with the ball on a Rugby stick, but Grovit made a last-ditch challenge and carried the ball to safety.

Celebrations at the final whistle as Stowe ran out deserved 3-1 winners to make it four wins from four on their Saturday fixtures, and three from three in the Midlands league.

Over 35 substitutions were made during the game which gives an excellent example of the TEAM FIRST mentality the squad has created. It is not about individuals, it is about individuals doing their job and playing to their strengths in order to lift the team's overall output. This is top level sport at its best and when each line knows their job, it creates a close-knit team where each player knows they cannot play to their best without the others.

Ben Scott, Head of Hockey



Service@Stowe

First Aid Group

The First Aid Group have been developing their knowledge and skills, so they are able to support anyone who requires medical help. They have learned the roles and responsibilities of a first aider, including CPR and how to put someone into the recovery position. After Half Term the group will build upon these skills, so they are well positioned to help anyone in a time of crisis.



Primary School Groups

The Service@Stowe Primary School Groups visit Roundwood Primary School in Tingewick and Buckingham Primary School in Maids Moreton every Thursday afternoon.

Each week, eighteen Sixth Form Stoics work with children as young as four years old. The Stoics listen to the young pupils read (helping them to sound out words they have difficulty with) and assist with hands on lessons such as PE, DT and ICT. Sometimes Stoics help to supervise play time, do art and teach about the natural world or science topics.

Some of the Upper Sixth Stoics have been going for over a year, and they've built up a good relationship with the teachers. Some have even moved up to the next class with pupils who are now in Year 2. The Stoics always leave with stories of the antics in the classroom and smiles on their

Visiting the Elderly

On Tuesdays, Stoics from the Visiting the Elderly Service 'Foundations in Dementia' and (for those thinking of medical

practicalities of engaging with someone who is experiencing the challenges of dementia.

Combined, these areas of training will help prepare the Stoics for visiting residents at Maids Moreton Hall, one of our local care homes. Visits commenced just before Half Term, and Stoics took with them a substantial puzzle booklet put together by the Summer 2022 Visiting the Elderly Service



Garden

this term, building on the achievements of the founder members who started the challenging work of making a kitchen garden from an uncultivated plot at the beginning of this year.

ground, including digging up endless nettles and couch grass. Grounds Manager, Steve Curley, arranged for the entire site to be strimmed at the beginning of term. Thank you to Steve and his team for doing an amazing job of clearing the

As the beds have been prepared, they have been planted with Autumn fruiting raspberry canes, pink fir apple potatoes and courgettes.

The resident army of rabbits has delayed full scale planting into the ground, but good crops of assorted salads and heritage carrots have been grown from seed and sown in a large container. The tomato plants grown from seed (kindly

A final sowing of salads has germinated, including some winter lettuce, rocket and spinach. Container grown kale and leeks, shallots and garlic will soon be ready to plant out and the group, who are extremely ambitious, have great plans for when the plot is rabbit proofed!

Finally, a request, if anyone local has a wheelbarrow they are willing to donate, the allotment group could really do with one!

The Kitchen

The Kitchen Garden Team has grown in numbers

The gardeners had a huge task of clearing the

Knit and Natter

Puppetry

The Puppetry Service activity has unfortunately had a very low uptake this year with only one Stoic

participating. She has practised with trick marionettes, the dissecting

skeleton, the juggling seal puppets,

the teddy bear trapeze artist and

the plate juggling clown. Many of

the acts need more participants so

Mr Sayers is still looking for pupils.

If any Stoics would still like to learn

a new skill and rehearse "theatre in

miniature" puppetry acts, it would

make it possible to put on a show in

nursing homes and primary schools.

You might develop the next

Thunderbirds and Warhorse act

skills and dramatic style. Be part

from pantomime horses to water

and lion tamers and weightlifters.

of an interesting range of acts

squirting elephants, to piano players accompanying violinists, lion

while learning teamwork, technical

A small group of Sixth Form Pupils have joined the 'Knit and Natter group. They are learning to knit and crochet, with the intention of creating some baby blankets to send to either the Ukraine or refugees in need elsewhere in the world. Initial endeavours have caused some hilarity within the group, but pupils are already proving to be quick learners.

donated by the mother of Security Team member Mr Stuart), have already produced some delicious

Horse Riding for the **Disabled Association**

On Wednesday afternoons, a group of Stoics participate in the Horse Riding for the Disabled Association (RDA) activity, which sees them go to a yard in Silverstone to assist in two lessons for disabled children.

This is a great activity for developing skills such as empathy and kindness, as well as handling horses. To further help the running of the yard, Stoics also carry out all yard duties including mucking out and horse care. They are currently painting and waterproofing a building for the RDA group to use during the Winter.



SAILING

The Journey from a group, to a crew

A group of twelve intrepid sailors from Stowe, took to the seas over September Exeat weekend, Thursday 29 September to Sunday 2 October, on a 75ft Yacht. Most had some dinghy sailing experience at School, but none had any big boat sailing experience.

The forecast for the weekend was "tasty" - winds of Force 5, gusting 6 and rain - so, as we left School, I was not sure how much sailing we would get over the weekend, but as it turned out my worries were unfounded, reminding me of the sailors' adage 'there's no such thing as bad weather, only bad kit!'

We arrived at our hosts (The Rona Sailing Project) on Thursday afternoon and were kitted up with wet weather gear and life jackets, before being taken to our home for the next four days, The STV Donald Searle

Thursday afternoon and evening was spent on our berth, learning about how to safely operate the boats' various winches to hoist and trim sails, plus some general housekeeping about life on a boat.

The crew were split into two watches and each watch took it in turns throughout the weekend to be responsible for feeding the 20 people on board - our posse, plus the Rona Sailing Project volunteers (no mean feat from a small galley!) - and when not on catering duty the watches were responsible for sailing the yacht.

We left our berth on the River Hamble on Friday morning (after a full breakfast) and headed out into the Solent in glorious sunshine and light winds, but we knew the stronger winds were incoming.

The fledgling crew practised their tacking as we worked our way (against wind and tide) westward through the Solent, heading for Yarmouth on the Isle of Wight. The wind built steadily through the day and sails were reefed just after lunch, but the worsening of the weather only made the voyage even more exciting with nothing but smiles on the faces of the crew. We arrived in Yarmouth just before the heavens opened and sat out the gale force gusts (that blew through overnight)

in the safety of Yarmouth harbour. Supper that evening was roast pork with crackling and all the trimmings...

Saturday morning was a little less wet and saw slightly more friendly winds - to start with. We slipped out of the Harbour and back into the Solent to explore the eastern areas, running before the wind and with the tide. We had lunch (underway) off Portsmouth, before popping our nose out into the English Channel. Early afternoon we turned back and headed for Cowes, beating our way back to the Central Solent. Again, the winds built through the afternoon, leading to a wet sail change and further reef, but it was nothing that either the boat, or the (now experienced) crew, could not handle. We arrived in Cowes early evening and the crew went for an explore of the town (and the shower block), before a Mexican masterpiece supper.

Sunday morning was glorious, almost champagne sailing weather, to see us back to our berth on the Hamble. The sailing was over, all too soon. After fully cleaning the boat, we left Southampton at around 3.30pm to head back to School.

All the pupils who came on the trip had a fantastic experience – and if they enjoyed the trip despite the weather, they are now sailing converts.

They can now also refer to themselves as a Crew. This experience of relying on every member in your group to perform, in sync and how this makes possible what is impossible to do alone, is something that I hope they will take into their futures.

I am grateful to the Rona Sailing Project for looking after us so well and ensuring that the crew got proper, hands-on experience of helming, sailing, and running a yacht. I would also like to thank Mrs Beardon for accompanying me on the trip.

At the time of writing, I am discussing another, slightly longer voyage with the Rona Sailing Project at the start of July. Any parent wanting their child to go on the trip in July can register their interest with me.

Duncan Syme, Head of Sailing











World Mental Health Day Concert





On Wednesday 12 October, the Music Department put on a concert for World Mental Health Day, to raise awareness and funds for Young Minds charity. The concert was well received by a large audience and raised almost £800.

Stowe welcomed West End performers, Katy Hanna (Phantom of the Opera, Les Miserables) and Rachel Spurrell (Phantom of the Opera, Mary Poppins), who stunned the audience with their incredibly beautiful and powerful voices. Ryan Carey-Hills, composer, performer and TikTok sensation, also joined the Department for the day.

Ryan, along with singing teacher Liz Miller, held an invigorating and inspirational afternoon workshop for vocal pupils who developed the outstanding finale item for the concert which involved both pupils and professionals, and received a standing ovation.

The concert, which was compared by Mr Jonathan Kingston, included performances from the Music Department band consisting of Mr Ben Weston, Mr Ben Andrew, Mr Chris Ayres, Mr Matt Turner and Mrs Liz Miller. Pupils Annie Flint (Lower Sixth, Queen's), Flora Peppiatt (Fourth Form, Queen's), Jemima Pearson-Gee (Lower Sixth, Nugent), Owen Gunn (Lower Sixth, Chandos), Skyla Wakeman (Upper Sixth, Lyttelton), Connie Goodrich (Lower Sixth, Nugent) and Old Stoic Lucy Sutherland (Nugent 18) all delivered performances of the highest possible standard and Sara Gill from Swanbourne House left the audience stunned with her performance of 'This is a Man's world'.

The evening aptly demonstrated the importance of supporting and understanding mental health in young people and all those involved across The Arts.

Liz Miller, Visiting Singing Teacher

On Wednesday 12 October, the Languages Society had the privilege of hearing Mrs Wheeler come and discuss what growing up in East Germany was really like.

Offering an optimistic stance, from first-hand experience, we learnt how different daily life was for people living in the East as well as some more obscure details relating to the Stasi, the East German secret police. We were treated to Kalterhund, a German chocolate delicacy prepared by Mrs Wheeler herself, and then discussed the effects of living in a centrally planned economy.

Mrs Wheeler taught us the GDR greeting all teachers used in class "Seid bereit – Immer bereit!" Which translates as "Be ready – always

ready!" and she also spoke about the social phenomenon of "Ostalgie", the nostalgia felt by some East Germans for the former GDR and the excitement of receiving Westpakete, which were parcels sent by relatives living in the West to East Germans containing things such as pots of Nutella, tights and real coffee, all items that you couldn't find in the East.

The Language Society members enjoyed a thoroughly informative and enlightening talk about a country and a culture that no longer exists. But most importantly, we were taught to appreciate the simple things in life, like the People of the GDR did for 40 years

Sofia Tangsrud (Upper Sixth, Stanhope)









MINI STOWE

On Tuesday 11 October, Miss Rowley's geography class travelled to the Mini plant in Oxford. This educational trip was planned to give pupils first hand experience of economic activity and to see how the latest technology, in this case robotics, is used to further economic development.

As we arrived, we were greeted by a huge factory with the words 'MINI' printed out over the front. Many of us didn't know what to expect, and as we walked around the factory we were shocked with the amount of robots there were compared to people.

Ten years ago, all the cars were man-made and would have taken days to make. Now, the BMW group produce over 1,000 Minis per day at this plant, and this is all thanks to rapid increase in engineering.

90% of the production is done by robotics with 10% of the factory's machines now running off renewable energy made by solar panels on the roof. Mini has also started to make more electric cars (one in four of the cars produced are electric) which are much better for the environment.

By the end of the trip, the Fifth Form geographers were amazed by the adventure they had just experienced. It was a once in a lifetime opportunity that will be remembered forever.

Henry Roberts (Fifth Form, Chatham)



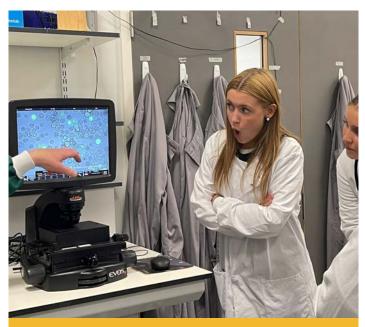
Benji Salter

Benji Salter (Third Form, Walpole) came to Stowe from St George's School in Windsor – the Chorister School for St George's Chapel, which is both a Royal Peculiar as well as a Chapel of the Order of the Garter.

He was a member of the acclaimed Chapel Choir and returned recently to sing for the televised committal service of our late Queen.

Benji has also successfully completed his Associateship Diploma of the Royal Schools of Music and is therefore entitled to style himself ARSM. A significant and magnificent achievement for anyone of school age, though especially so for an individual who is still 13.

Jonathan Kingston, Choral Director



Virology Lab Visit

Professor Ian Jones and his team at Reading University welcomed and guided us through a fascinating day in their Virology Lab on Monday 10 October

We participated in activities such as tissue culturing, from an insect cell line SF9, and watched under a microscope to observe how they were able to adhere to the surface of their petri dish. We were then able to use restriction endonucleases and carried out a plasmid extraction from a bacterial cell culture to cut DNA into sections and then separate the fragments using the process of gel electrophoresis.

This experience was extremely helpful as an A Level Biologist because I got to see many of the theories that I had learnt in my lessons applied in a practical lab setting.

One exciting piece of equipment that we were able to use was a transmission electron microscope in which we were able to observe viral like particles. It was also insightful to be able to speak to scientists and learn about their research. One of the scientists, Dr Sylvia Laureiro, is on the cusp of discovering a vaccine for the foot and mouth disease. This was eye-opening for me because it made me realise the significance of scientific research in solving world problems.

This trip certainly enforced mine and some of my peers' interest in research.

Casey Lo (Upper Sixth, Stanhope)



BADMINTON



The Badminton First Team continued their unbeaten run with a fine performance to beat Rugby 7-2 on Saturday 8 October. First pair Josha Mital (Upper Sixth, Winton) and Arin Chatsuwan (Lower Sixth, Grenville) won all their matches, though they were pushed by the Rugby first pair who took the first game 14-15. The Stowe first pair came back well to win the next two games 15-6 and 15-9. Second pair, Gilbert Xu (Fifth Form, Chandos) and Alvin San (Lower Sixth, Walpole) and third pair, George Owen-Thursfield (Upper Sixth, Temple) and Oliver Dickmann-Peña (Fourth Form, Winton) won two of their three matches.

The Badminton Second Team had a resounding 9-0 win against Rugby. Well done to all 12 players who took part, showing the strength in depth of the second team.

Team from: Alexander Gu (Upper Sixth, Walpole), Terry Tan (Upper Sixth, Chandos), Harvey Tian (Upper Sixth, Walpole), Ned Goodrich (Lower Sixth, Chandos), William Harrison (Lower Sixth, Winton), Thomas Bicknell (Fifth Form, Winton), Graham Bentley (Lower Sixth, Temple), Rory Adams (Lower Sixth, Winton), Leo Mullins (Lower Sixth, Chandos), Jasper Calkin (Lower Sixth, Cobham), Alex Fan (Third Form, Chandos) and Sam Zhang (Fifth Form, Walpole).

Isaac Michael, Head of Badminton

On Sunday 18 September, the Boys' and Girls' Senior Inter-House Singles and Doubles Badminton Competitions were played in the Drayson Sports Hall.





Boys' Singles

Semi-Finals:

Grenville v Chandos (Arin Chatsuwan 21 v 18 Gilbert Xu)

Winton v Walpole (Josha Mital 21 v 11 Alvin San)

Final: Winton v Grenville (Josha Mital 21 v 7 Arin Chatsuwan)

Singles Champion: Josha Mital (Upper Sixth, Winton)



Girls' Singles

Semi-Finals:

Willa Percy (Upper Sixth, Queen's) 4 v 21 Yuki Jiang (Upper Sixth, West)

Emily Sutton (Upper Sixth, Queen's) 21 v 17 Wanxin Bai (Upper Sixth, West)

Final: Yuki Jiang (Upper Sixth, West) 21 v 8 Emily Sutton (Upper Sixth, Queen's)

Champion:

Yuki Jiang (Upper, Sixth West)



Boys' Doubles Final:

1st pairs: Chandos 13 v 21 Walpole 2nd pairs: Chandos 21 v 9 Walpole 3rd pairs: Chandos 12 v 21 Walpole

Champions: Walpole



Girls' Doubles Final:

1st pairs: Queen's 21 v 15 Stanhope 2nd pairs: Queen's 21 v 15 Stanhope 3rd pairs: Queen's 21 v 14 Stanhope

Champions: Queen's



World First for Defibrillator Signage

Cardiac arrest occurs when the heart stops pumping blood around the body.

Cardiopulmonary Resuscitation (CPR) and defibrillators - devices which deliver an electric current to shock the heart muscle - enable anyone to provide immediate assistance to people prior to the arrival of emergency services.

Professor Charles Deakin, Divisional Medical Director and Resuscitation Lead at South Central Ambulance Service NHS Foundation Trust (SCAS), said two-thirds of the devices in the UK have no signage at their locations and few have any guidance directing people to them. His work in this area and the publication of these findings has now led to the development of new international guidelines which set out a standard protocol for adequate signage and illumination to improve public access.

As part of activities organised by South Central Ambulance Service, to mark World Restart a Heart Day, Stowe will become the first in the world to install the new signage based on these recommendations. Grace Hodgetts (Upper Sixth, Cheshire) said "I had the idea to put new signs at Stowe and thought they should be within close proximity to AEDs, especially near the sports and main

academic areas."



In addition to the new signage for defibrillators which makes them easier to locate, another way of finding their locations is the Save a Life smartphone app, Gillian Hodgetts, Director of Communications and creator of the app urged people to download it, "It provides a stepby-step guide to CPR and uses GPS navigation to locate the nearest automated external defibrillator (AED) as well as a list of others in the area. The Save a Life app is also a really simple way of learning CPR as well as educating yourself about accessing AEDs."

For more information contact **Gillian Hodgetts.**



The Nautilus Project

On Sunday 26 June 2022, I travelled to Gibraltar to do voluntary work experience, helping a charity called The Nautilus Project to raise awareness of marine environmental issues and getting involved with the change that must take place to craft a better future.

Staying with family for two weeks, I took part in a wide range of activities which helped me develop my communication and teamwork. I was very pleased with how much I learnt about biology and conservation, and specifically about the wildlife found on the Mediterranean coastline.

I took part in a beach clean, a catch-learn-release programme, and visited many schools in Gibraltar. I awarded certificates and Nautilus caps to many primary school children who had helped clean the environment, and I taught them about marine life.

I would really recommend getting involved with voluntary work as it has been a very educational and enriching experience, and one that I would be more than happy to repeat again, I have also been able to contribute by helping to clean our environment and raise

I am very grateful that I had this opportunity and will be back to further help this organisation. The experience also taught me that everyone can help save our planet, even by doing the smallest things, and that the current climate emergency is much more serious than people might think. I saw some of the impacts of global warming with my own eyes and it is important to act now as there is no Planet B. Overall it was a fascinating and unforgettable experience.

Alejandro Sanchez Podesta (Lower Sixth, Winton)

My Nautilus Project - Marine Invertebrates Around Gibraltar





HOCKEY

Girls' U16s Bow Out of National Cup in Final 8

After an enjoyable pre-season trip away in Guildford, Stowe U16s returned to begin their season away to Stamford on Saturday 10 September. Against a strong opponent the U16As came away with a 1-0 win, with Dominie Dubsky (Fifth Form, Nugent) getting the goal despite a stubborn defence. Most Valued Player (MVP) of the match was Tilly Kingsbury (Fifth Form, Stanhope) in defence, for her great tackles, ability to step in front of the attackers and then distribute from the back.

The U16s took on Oundle the following week (Saturday 17 September) at home, who were in a very strong run of form, and despite an excellent performance from Lulu Goaman (Fifth Form, Lyttelton) up front, the U16As fell to a 3-0 loss, as Oundle were simply more clinical in front of goal. Bloxham on Saturday 24 September was next up, and Stowe came away with an enjoyable 9-0 victory, with Gwen Grovit (Fifth Form, Nugent) and Sandrine Van Grembergen (Fifth Form, Queen's) scoring a goal each, and Lulu Goaman and Izzy Crabb (Fifth Form, Cheshire) each seeing double. Dominie Dubsky scored a hattrick and was subsequently named the MVP for the game. The U16Bs enjoyed a similar performance as they won against Bloxham 3-0, after the scores being level at half time Stowe showed their quality in the second half.

Next came the U16 National Cup, where a number of the U15As came into the side to bolster the U16A squad and faced Sir William Borlase at home. Stowe were put to the sword in the first half, with a terrific display from Luiza Cavalcanti (Fourth Form, Lyttelton) in goal single-handedly keeping Stowe in the game and feeling lucky to go in at half time 1-0 down. In the second half Stowe were much more up to the pace and created some great chances through MVP Izzy

Crabb, but failed to convert. Borlase pounced on their limited opportunities to make it 3-0 at full time.

Kingham Hill came to Stowe during the week to play Stowe's U16Bs on Wednesday 28 September, they came out 5-0 winners as the result of an excellent performance, including brilliant work from Nikki Atife (Fifth Form, Cheshire), Emily Garwood (Fifth Form, Cheshire) and Minty Spencer-Churchill (Fifth Form, Stanhope).

Rugby arrived at Stowe on Saturday 8 October, wanting to make a point after last year's tight loss in the Cup, and played an excellent game, with Stowe not living up to their own expectations until the end of the first half, where we got one back through Lulu Goaman, to make it 2-1 at half time. Stowe refocused at half time and performed well in the second half, but couldn't find the cutting edge, as the game ended 3-1 to Rugby. Freddy Hodges (Fifth Form, Queen's) was awarded MVP. The U16Bs had a much-improved performance but Rugby's strength in depth showed as they left Stowe with a 2-0 win.

The U16 cup side was in action on Tuesday 11 October as they fought for the County Cup. First up was Borlase's on Tuesday 27 September, who Stowe grabbed a 1-0 win against. Stowe put in strong performances in the next three games but came out with back to back 0-0s against Wycombe, Great Marlow and Beaconsfield, despite dominating possession. Stowe then put their goal drought to an end against Royal Latin, walking away with a 4-0 victory and to finish the day Stowe won 2-0 against Aylesbury. Some excellent experience and bonding for the players, with Arabella Williams (Fourth Form, Stanhope) being awarded MVP for the tournament.

Dominic Blackmore-Beales, Hockey Coach



Equestrian Bury Farm Success

The NSEA Dressage, Show Jumping and Combined Training (Dressage and Show Jumping) Competition on Saturday 8 October took place at Bury Farm, Slapton and was a huge success. 12 pupils competed for Stowe, making us one of the most well represented schools.

Amelia Storer (Lower Sixth, Queen's) won Second place in both the Novice and Elementary Dressage tests, qualifying her for the Championships later in the year.

Our team in the Combined Training: Kitty Scott (Lower Sixth, Stanhope), Amelia Storer and Isabella Rivett, (Third Form, Queen's) also took home Second place, with special mention to Isabella and her horse Nemo who produced a strong performance in both phases.

In the 80cm class, the team (Bunny Hales, Daisy Edwards (both Third Form, Nugent), and Elena Rickmers and Honor Henry, (both Fourth Form, Stanhope) did very well to get Fourth place in a strong competition, three of the pupils having clear rounds and special mention to Elena who went clear in her first competition!

Stowe dominated the 90cm class, winning both Second and Third place for the teams, a fantastic result. Well done to Honor Henry, Bella Timmis (Fourth Form, Stanhope) and Lucy Willmott (Lower Sixth, Nugent) as well as the Combined Training team.

And finally, our four riders in the 1m class took home a Second for Izzy Russell (Fourth Form, Cheshire), Fifth for Lucy Willmott and Sixth for Bella Timmis.

There was a fantastic atmosphere amongst the team and all the pupils were hugely supportive of each other throughout the day. All these results will count towards the NSEA Regional Points League so we look forward to more rosettes for our exciting Equestrian team.

Becky Coote, Head of Equestrian







GIRLS IN ENGINEERING

Starting in September, there has been a DT club for girls which is focusing on restoring and rebuilding a motorcycle and redesigning it to be a custom 'Café' Racer' build, based on the Honda PA50 Camino.

So far, we have learnt how to weld metals together, take apart, clean and put back together a carburettor, and how to use an angle grinder to cut apart parts of the motorcycle. This has been a great opportunity to learn more about engineering and to develop the skills that are needed for it.

We are also in the process of finding the right parts for the engine and rebuilding and fixing up the rest of it. In the next few weeks, we will be working more on building a new seat for the bike and welding a new pipe for the seat to rest on.

After that is finished, it will be sent off to be powder coated a new colour. The project will hopefully be finished by the end of the School year and like the DT Mini last year, may well be auctioned to raise money for Change 100. Watch this space!

If any girls would like to join, the activity happens on Wednesdays and there are open spaces for anyone who enjoys DT and engineering.

Coco Bartoszewski (Fourth Form, Nugent)

ARKWRIGHT SCHOLARSHIPS

In the Fifth Form, we are delighted to once again be nominating pupils for the Arkwright Engineering Scholarship.

The Arkwright Scholarship is considered to be the most prestigious scholarship of its type in the UK, and its aims are to inspire and nurture pupils to become the country's future leaders of the Engineering Profession.

We have a history of successful Scholars in the department, with Ben Shaw (Temple '19) achieving the accolade in 2017, and Valentine Rummell (Temple '20) collecting the Arkwright Associate Prize the following year. This year we have a potential of six nominees, with Winton pupils Jamie Houghton and Jack Robbins enrolling on the program this month.

Well done to them both in undertaking what will be a rewarding experience and we wish them the best with their applications. The portal for applications closes on Friday 20 January 2023.

Martin Quinn, Head of Design



DESIGN VENTURA COMPETITION

Design pupils have been busy this term, and it's been wonderful to submit so many of them for external competitions and scholarships.

In the Third and Fourth Forms, our Design Scholars and Exhibitionists have formed two teams who will work together to compete in the Design Ventura Competition in association with the Design Museum.

Pupils are encouraged to consider a sustainable response to the given brief, designing and manufacturing a product to aid their chosen target market in their everyday lives.

The teams will be project managed by Thomas Hampson (Fourth Form, Winton, Design Exhibitionist) and Harrison Newman (Fourth Form, Winton, Design Scholar) and will compete to be the Schools nominated team.

Winners will have the pleasure of seeing their successful product sold in the Gift Shop of the Design Museum in London, and we wish all of our Scholars and Exhibitionists the very best of luck with their design work. May the best team win.

Martin Quinn, Head of Design

7 things to keep in mind when discussing nudes.

Safeguarding at Stowe



"Everybody makes mistakes."

Children are naturally inclined to take risks, and sometimes things go wrong. But talking about mistakes is the first step to putting them right.

"Asking children for nudes is against the law."

The Protection of Children Act 1978 says it's illegal to send or create explicit images of anyone under the age of 18 - even if they give their consent."

"Be prepared."

Make sure your child knows how to answer if someone asks them to send nudes. You can also show them how to block/report users on the apps, websites and games they use.

"The internet is written in permanent ink."

Images shared online can be seen by a vast number of people, and can cause children emotional distress as well as damaging reputation.

"You always have the right to say no."

Peer pressure can be really difficult for children to ignore. Practicing saying 'no' with your child can help them when they feel uncomfortable online.

"People online can pretend to be someone else."

It's very easy for strangers to pretend to be somebody a child knows in order to win their trust. Even if they think they trust someone in real life, sending nudes online is never worth the risk.

"Your body belongs to you and nobody else."

As part of the new compulsory RSE curriculum, your child will learn about the importance of self-respect and how this links to their own happiness. Building on this message at home will help to reinforce it.





F1 in Schools

Stowe's F1 in Schools team, Martlet Racing, recently competed in their Regional Final event. As these Regional Finals are still being run 'remotely' this year, the show was broadcast live on YouTube.

The team submitted their car, as well as their design and enterprise portfolios, and verbal presentation video, at the beginning of the Summer, so have been looking forward for some time to watch their car compete against other schools from the region.

The car performed strongly, achieving a race time of 1.266 seconds to cover the length of the 20-metre track, putting them in third position, just 3/100ths of a second behind the fastest car. Sadly, it wasn't enough to progress through to the National Final, though the team did achieve a nomination for the Best Research and Design Award. Follow this **link** for the Regional Final racing show.

Well done to the Upper Sixth Bruce team of Federico Riojas-Ordorica, Harry Rose, Freddie Smith and Oliver Halsey-Wright for all the time and effort they have put into competition over the last year. Federico as Team Manager and Design Engineer led with passion and enthusiasm and produced an innovative and well-designed car, and Harry, Freddie and Oliver pulled together throughout the season to generate sponsorship, build their team brand and social media presence, and

finally manufacture and test

Next season's team of Lower Sixth pupils have already made a keen start to their competition entry - more news to follow!

Sam Williams, Engineering Co-ordinator/Design



MARTLET RACING Stowe School

Stowe School
Development Class

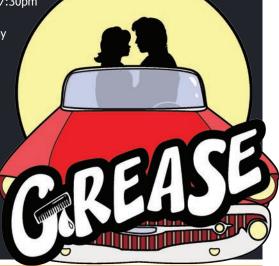


Stowe goes to Rydell High School!

The ever popular musical 'Grease' is coming to the Roxburgh Hall in December. With a live band and a cast of 50 Senior pupils, the show is full of iconic songs including 'Summer Nights', 'Greased Lightning', 'There are worse things I could do', 'You're the one that I want', and many more. Rehearsals are well underway, and a stunning night of energy and entertainment is guaranteed for all.

Performances are at 7:30pm from Wednesday 7
December to Saturday 10 December (with a matinee on Saturday at 1:30pm). Tickets are available online (free of charge)
here.

Book early to avoid disappointment!





Stowe Radio Halloween

Click here to listen to the Halloween edition of Stowe Radio with Araan Sobhan (Lower Sixth, Bruce).

Stowe Group Choral Society Stowe Chapel Choir Alina Orchestra Piano - Ben Andrew Conductor - Craig Greene ALINA ORCHESTRA STEINWAY & SONS Saturday 19 November 2022, 7:30pm Stowe School Chapel BEETHOVEN - LEONORE NO. 3 MOZART - REQUIEM BEETHOVEN - PIANO CONCERTO NO. 4

Book tickets (free of charge!) now at www.ticketsource.co..uk/stowe-school



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