

Monday - 02/03	Tuesday - 03/03	Wednesday - 04/03	Thursday - 05/03	Friday - 06/03	Saturday - 07/03	Sunday - 08/03
<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Pork Sausages, Boiled Eggs, Baked Beans and Hash Browns</p> <p>Toast and Preserves, Gluten Free Sausages</p> <p>Bagels</p>	<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Grilled Bacon, Fried Eggs, Grilled Tomatoes, Croissants</p> <p>Toast and Preserves, Gluten Free Sausages</p>	<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Pork Sausages, Poached Eggs, Baked Beans, Avocado &amp; Cream Cheese</p> <p>Toast and Preserves, Gluten Free Sausages</p> <p>Bagels</p>	<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Grilled Bacon, Boiled Eggs, Grilled Tomatoes, Croissants</p> <p>Toast and Preserves, Gluten Free Sausages</p>	<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Cumberland Sausages, Fried Eggs, Baked Beans</p> <p>Toast and Preserves, Gluten Free Sausages</p> <p>Sweet Waffles &amp; Syrup</p>	<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Grilled Bacon, Floured Baps, Grilled Tomatoes, Scrambled Eggs</p> <p>Toast and Preserves, Gluten Free Sausages</p>	<p><b>Breakfast</b> Selection of Cereals, Yoghurts Compote of Berries</p> <p>Porridge, Pork Sausages, Poached Eggs, Baked Beans Potato Smilies</p> <p>Toast and Preserves, Gluten Free Sausages</p>
<p><b>Lunch</b> Winter Vegetable Soup *</p> <p><b>Mains</b> Teriyaki Marinated Chicken, Asian Slaw Stuffed Portobello Mushroom, Marinara Sauce, Spinach* Goats CheeseV</p> <p>Baked Potatoes with a choice of toppings</p> <p><b>Side Dishes</b> Creamed Corn Steamed Kale* Egg Noodles</p> <p><b>Last Stop</b> Apple Crumble &amp; Custard Yoghurt Fresh Fruit</p>	<p><b>Lunch</b> Butternut Squash Soup*</p> <p><b>Mains</b> Leek, Potato &amp; Beef Bake* Vegetarian MoussakaV</p> <p>Pasta Bar with Sauces &amp; Toppings</p> <p><b>Side Dishes</b> Green Beans* Wilted Kale*</p> <p><b>Last Stop</b> Fresh Fruit Salad Chocolate Brownie</p>	<p><b>Lunch</b> Tomato &amp; Basil Soup*</p> <p><b>Mains</b> BBQ Pulled Pork* Spaghetti BBQ Jack Fruit TartV Gluten Free Spaghetti*</p> <p><b>Side Dishes</b> Garden Minted Peas* Parsley Carrots* Sweet Potatoes*</p> <p><b>Last Stop</b> Fresh Fruit Salad Treacle Tart &amp; Custard</p>	<p><b>Lunch</b> Miso Soup Vegetable Garnish Fried Tofu</p> <p><b>Mains</b> Cumberland Ring, Balsamic Onion Gravy Red Lentil Bean Stew*V Herb Dumplings Pasta Bar with Sauces &amp; Toppings</p> <p><b>Side Dishes</b> Braised Red Cabbage* Dauphinoise Potato</p> <p><b>Last Stop</b> Spotted Dick &amp; Custard Fruit Yoghurt Fresh Fruit</p>	<p><b>Lunch</b> Roast Tomato &amp; Pepper Soup</p> <p><b>Mains</b> Deep Fried Fish of the Day with Lemon and Homemade Tartare Sauce Sweet Potato Falafel, Tomato Chutney*V</p> <p>Fresh Fish Of The Day</p> <p><b>Side Dishes</b> Chipped Potatoes* Garden Peas/ Mushy Peas* Curry Sauce</p> <p><b>Last Stop</b> Fresh Fruit Yoghurts Caramel Sponge</p>	<p><b>Lunch</b> Fresh Soup of the Day Baked Breads</p> <p><b>Mains</b> Oven Roasted Chicken, Tarragon &amp; Baby Onions* Gnocchi, Chestnut Mushroom, Creamy Tomato SauceV</p> <p>Pasta, Tomato Sauce, Creamy Carbonara</p> <p><b>Side Dishes</b> Baked Potato* Sweetcorn* Wilted Greens*</p> <p><b>Last Stop</b> Fresh Fruit Yoghurts Flapjack</p>	<p><b>Lunch</b> Fresh Soup of the Day Baked Breads</p> <p><b>Mains</b> Roast Beef, Horseradish* Yorkshire pudding Courgette &amp; Carrot Fritters, Houmous*V</p> <p><b>Side Dishes</b> Roast Potatoes* Peas &amp; Carrots Cauliflower Cheese</p> <p><b>Last Stop</b> Warm Rice pudding &amp; Jam</p>
<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Hungarian Beef Goulash *</p> <p>Pea &amp; Mint Falafel Charred Vegetables*V</p> <p><b>Side Dishes</b> Baked Potatoes*, Buttered Tagliatelle, Green Beans*</p> <p><b>Last Stop</b> Cheeseboard Chocolate Eclairs</p>	<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Marinated Honey, Lemon &amp; Herb Pork Chop*</p> <p>Bean Chilli* Hot Salsa, Guacamole, Wild RiceV</p> <p><b>Side Dishes</b> Sauté potatoes* Parsley Carrots* Winter Greens*</p> <p><b>Last Stop</b> Fruit Salad Muffins</p>	<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Jerk Chicken Pineapple &amp; Chilli Salsa*</p> <p>Sweet Potato Cake, Soft poached Egg*V</p> <p><b>Side Dishes</b> Dirty Rice * Corn On The Cob*</p> <p><b>Last Stop</b> Lemon Drizzle Cake Fresh Fruit</p>	<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Baked Meatball Lasagne Courgette &amp; Tomato Bake*V</p> <p><b>Side Dishes</b> Cheesy Jackets Garlic Bread Caesar Salad</p> <p><b>Last Stop</b> Jam Doughnuts Cheeseboard</p>	<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Chilli Con Carne, Fire Roasted Peppers* Vegetable LasagneV</p> <p><b>Side Dishes</b> Mexican Rice* Tortilla Chips Sour Cream Grated Cheese</p> <p><b>Last Stop</b> Flapjack Fresh Fruit</p>	<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Sothorn Fried Chicken Garlic Thyme Roasted Chicken*</p> <p>Southern Fried Quorn SteaksV</p> <p><b>Side Dishes</b> Curly Fries* American Slaw</p> <p><b>Last Stop</b> Cheesecakes Fresh Fruit Salad</p>	<p><b>Supper</b> Soup of the Day Fresh Baked Bread</p> <p><b>Mains</b> Ham Carbonara, Penne Crisp Top Mushroom Dhansak, Pilaf Rice*V</p> <p><b>Side Dishes</b> Pitta Breads Mozzarella Parmesan</p> <p><b>Last Stop</b> Profiteroles Cheeseboard</p>

**KEY**

\* Dish does not include Gluten or Dairy but has been produced in an environment containing Gluten and Dairy.

v - Vegetarian Dish